Highlands High School

Swimming and Diving Team

Meet Schedule 2019-2020

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| MEET | DATE | TIME | LOCATION | SWIM/ DIVE |
| Dual Meet vs Anderson (Cincinnati) | Saturday December 14th  | 2:00 P.M. | M.E. Lyons YMCA | Swim |
| Middle School Meet | Thursday December 19th  | TBA | Scott High School | Both |
| Winter Long Course Meet(Cincinnati) | Saturday January 4th  | TBA | Powel Crosley YMCA | Swim |
| Freshman Regionals | Saturday January 4th  | TBA | Scott High School | Both |
| Scott Eagle Swim/Dive Classic | Saturday January 11th | 10:00 A.M. | Scott High School | Both |
| Oak Hills High School(Cincinnati) | Wednesday January 15th  | 5:00 P.M. | Oak Hills High School  | Both |
| Rock the Block Sprint Meet  | Saturday January 18th  | 2:30 P.M. | University of Louisville | Swim |
| University of Kentucky Dive Meet | Saturday January 18th  | TBA | University of Kentucky | Dive |
| NKAC Diving- Division INKAC Swimming-Division I | Saturday January 25th  | TBD | Scott High School | Dive (11)Swim |
| Region 7 Championships:Boys Swimming PrelimsGirls Swimming PrelimsDiving FinalsSwimming Finals | Friday February 7th Friday February 7th Saturday February 8th Saturday February 8th  | TBATBATBATBA | Silverlake Recreation CenterScott High SchoolSilverlake Recreation Center | SwimSwimDive (11)Swim |
| KHSAA State Meet:Diving PrelimsSwimming & Diving Prelims/FinalsSwimming & Diving Prelims/Finals | Thursday February 20th Friday February 21st Saturday February 22nd  | TBA |  University of Kentucky | DiveBoth Both |